**Truthfulness Lesson 4**

*Slightly modified from Ruhi Book 3 Grade 1 Lesson*

Prayers- Teacher and then prayer sharers

Review O God Guide Me

New Prayer:

**O Thou kind Lord!  I am a little child, exalt me by admitting me to the kingdom.  I am earthly, make me heavenly; I am of the world below, let me belong to the realm above; gloomy, suffer me to become radiant; material, make me spiritual, and grant that I may manifest Thine infinite bounties.**

**Thou art the Powerful, the All-Loving.**

**(Do with SONG- Tim Urbonya)**

**SONGS:**

Truthfulness Song from Virtues in Us CD (Thank you, thank you, thank you for telling me the truth…)

**Introduction to the Virtue of Truthfulness What is truthfulness?**

Truthfulness is being honest in your words and actions. You don’t tell lies, even to protect yourself from getting in trouble. You tell the truth no matter what.

Question: Why should we be truthful?

Reminder: If we do tell a lie the person may not know it but who always knows? (God, God is always watching us and aware of what we are doing.) Being truthful helps us grow spiritually. we all know that God is aware of all our actions and we cannot hide anything from Him.  If we are not truthful, it will be very difficult for us to develop other virtues.

**How do we practice truthfulness?**

* Be honest about your feelings (while still being kind)
* If you make a mistake admit or tell the truth and don’t cover it up
* Find the truth for yourself
* Be yourself

**What would truthfulness look like if…**

1. You find yourself making excuses to cover up a mistake?
2. You are upset/hurt and you want to tell your teacher/parents/friend…
3. If someone asks if you like their shirt and you don’t like it…(you can be truthful and kind)

TRUTHFULNESS DISCUSSION

MEMORIZE following quotation of Baha'u'llah:

**"Truthfulness is the foundation of all human virtues."**

Truthfulness

1. Sanjay dropped a glass and broke it.  When his mother asked him what had happened, he told her the truth and did not lie. Sanjay showed the virtue of truthfulness.
2. A friend wanted to play with Gita and went to her house to find her.  Gita had homework and could not come out to play.  Her brother said he would tell the friend that she was not home, but Gita did not want her brother to lie.  Gita went outside and explained to her friend that she could not play because she had homework.  Gita showed the virtue of truthfulness.

Foundation

1. Alok's father was building a house.  Before putting up the walls, he placed rocks and cement under the place where the walls would go.  The rocks and cement form the foundation of the house.

2. Before you learn to read and write you have to know the sounds of the letters.  learning the sounds of the letters is a foundation for learning to read and write.

Virtues

1. Aurora is friendly, kind and joyful.  Aurora possesses many virtues.

2. Mrs. Patel teaches the children about justice, generosity, humility, and honesty.  These are some of the virtues that everyone should have.

SHOW WITH BRICKS

**“Without truthfulness, progress and success in all the world of God are impossible for any soul.”**

**“Let your eye be chaste, your hand faithful, your tongue truthful and your heart enlightened.”** Song- From Mana- Write out quotes and song

STORY- in a separate area of the room:

In a country far away, some time ago, there lived a young shepherd, who, while his father worked in the fields and his mother kept up the home, had the task of taking care of the family's sheep.  One day, the boy felt very bored and decided to play a trick on his neighbours. Suddenly he started crying out, "Wolf! Wolf! The wolf is eating the sheep!" All of his friends came running to help chase away the wolf, but when they got there, they found the young shepherd laughing at them because they had received such a fright and really there was no wolf anywhere to be found.  His friends went back to their work saying that the boy had behaved very badly.

The following day, the boy repeated his foolery.  "Wolf! Wolf! Help me! Help me!" Some of the neighbours came running again to help, only to find the young shepherd laughing at them, because this time too it was a lie that a wolf was near. The third day, when they heard the boy call "Wolf! Wolf! The wolf is eating the sheep! Please come help!" no one paid any attention because they thought it was just another lie.  That day, the wolf did come and eat the sheep! The young shepherd was very sad, but he had learned a good lesson. If we tell lies, the day will come when neither our parents, our brothers and sisters, nor out friends will believe what we say, even when it is the truth!

COOPERATIVE GAMES:

**Broken Telephone:** Sit in a circle and the teacher whispers a message into the ear, “I try to be truthful.” When the last person receives the message, they tell everyone what they heard. We then introduce truthfulness and to always check their understanding before accepting things as truth. Can also talk about talking directly to person rather than spreading things through backbiting- story changes!

**Cooperative Tag**

**CRAFT- Truthfulness quote craft**