**Prayers and Quotes Used in 0-3 Curriculum**

**Verses to Memorize:**

Cleanliness:

**Be ye the very essence of cleanliness amongst mankind. ~** Bahá’u’lláh

Courage:

**Be strong and let your heart take courage.** ~ The Bible: Psalm 31:24

**Take courage! God never forsakes His children who strive and work and pray!** ~ 'Abdu’l-Bahá

Courtesy:

**…observe courtesy, for above all else it is the prince of virtues.** ~ Bahá’u’lláh

Friendliness:

**Deal ye one with another with the utmost love and harmony, with friendliness and fellowship.** ~ Bahá’u’lláh

Gentleness:

**We must associate with all humanity in gentleness and kindliness. ~** 'Abdu’l-Bahá

Helpfulness:

**You live to do good and to bring happiness to others. ~** Abdu’l-Bahá

Joyfulness (same as Helpfulness):

**You live to do good and to bring happiness to others.** ~ 'Abdu'l-Bahá

Love (three lesson, repeating the same Verse):

**O Friend! In the garden of thy heart plant naught but the rose of love**.

~ Bahá’u’lláh

Patience:

**Be patient under all conditions and put your whole trust and confidence in God.** ~ Bahá’u’lláh

Peace (four lessons):

**Be thou of those who foster peace.** ~ 'Abdu’l-Bahá

Prayerfulness (two lessons):

**Prayer is conversation with God. ~ 'Abdu’l-Bahá**

Respect for the Environment:

**Man is organic with the world. His inner life moulds the environment and is itself also deeply affected by it.** ~ Shoghi Effendi

Unity:

**The earth is but one country, and mankind its citizens.** ~ Bahá’u’lláh

**Prayers used in the Lessons:**

**Cleanliness lesson:**

Is there any Remover of difficulties save God? Say: Praised be God! He is God!

All are His servants, and all abide by His bidding! ~ The Báb

**Courage lesson:**

O God, guide me, protect me, make of me a shining lamp and a brilliant star. Thou art the Mighty and the Powerful. ~ 'Abdu’l-Bahá

**Courtesy lesson:**

O Lord! I am a child; enable me to grow beneath the shadow of Thy loving-kindness. I am a tender plant; cause me to be nurtured through the outpourings of the clouds of Thy bounty. I am a sapling of the garden of love; make me into a fruitful tree. Thou art the Mighty and the Powerful, and Thou art the All-Loving, the All-Knowing, the All-Seeing. ~ 'Abdu'l-Bahá

**Friendliness lesson:**

O God! Educate these children. These children are the plants of Thine orchard, the flowers of Thy meadow, the roses of Thy garden. Let Thy rain fall upon them; let the Sun of Reality shine upon them with Thy love. Let Thy breeze refresh them in order that they may be trained, grow and develop, and appear in the utmost beauty. Thou art the Giver. Thou art the Compassionate. ~ 'Abdu’l-Bahá

**Gentleness lesson:**

Say: God sufficeth all things above all things,

and nothing in the heavens or in the earth but God sufficeth.

Verily, He is in Himself the Knower, the Sustainer, the Omnipotent. ~The Báb

**Helpfulness lesson:**

O Lord! I am a child; enable me to grow beneath the shadow of Thy loving-kindness. I am a tender plant; cause me to be nurtured through the outpourings of the clouds of Thy bounty. I am a sapling of the garden of love; make me into a fruitful tree.... ~ 'Abdu’l-Bahá

**Joyfulness lesson:**

O God! Educate these children. These children are the plants of Thine orchard, the flowers of Thy meadow, the roses of Thy garden. Let Thy rain fall upon them; let the Sun of Reality shine upon them with Thy love. Let Thy breeze refresh them in order that they may be trained, grow and develop, and appear in the utmost beauty. Thou art the Giver. Thou art the Compassionate.

~ 'Abdu’l-Bahá

**Love (Three lesson plans):**

O Thou the Compassionate God! Bestow upon me a heart which, like unto glass, may be illumined with the light of Thy love, and confer upon me thoughts which may change this world into a rose-garden through the outpourings of heavenly grace. Thou art the Compassionate, the Merciful! Thou art the Great Beneficent God! ~ 'Abdu’l-Bahá

O God, guide me, protect me, make of me a shining lamp and a brilliant star. Thou art the Mighty and the Powerful. ~ 'Abdu’l-Bahá

**Patience lesson:**

O God, guide me, protect me, make of me a shining lamp and a brilliant star. Thou art the Mighty and the Powerful. ~ 'Abdu'l-Bahá

**Peace (Four lesson plans):**

O God, guide me, protect me, make of me a shining lamp and a brilliant star. Thou art the Mighty and the Powerful. ~ 'Abdu'l-Bahá

**Prayerfulness (Two lesson plans)**

I have committed, O my Lord, my spirit and my entire being

into the right hand of Thy might and Thy protection,

and I lay my head on my pillow through Thy power,

and lift it up according to Thy will and Thy good pleasure.

Thou art, in truth, the Preserver, the Keeper,

the Almighty, the Most Powerful. ~ 'Abdu’l-Bahá

Blessed is the spot, and the house, and the place

and the city, and the heart, and the mountain,

and the refuge, and the cave, and the valley, and the land,

and the sea, and the island, and the meadow

where mention of God hath been made

and His praise glorified. ~ Bahá'u'lláh

O God, guide me, protect me, make of me a shining lamp and a brilliant star.

Thou art the Mighty and the Powerful. ~ 'Abdu’l-Bahá

He is God! O God, my God!

Bestow upon me a pure heart, like unto a pearl. ~ 'Abdu’l-Bahá

Is there any Remover of difficulties save God? Say: Praised be God! He is God!

All are His servants, and all abide by His bidding! ~ The Báb

**Respect for the Environment lesson**

O Thou the Compassionate God.

Bestow upon me a heart which, like unto a glass,

may be illumined with the light of Thy love,

and confer upon me thoughts which may change this world

into a rose garden through the outpourings of heavenly grace. ~ 'Abdu’l-Bahá

**Unity lesson**

Blessed is the spot, and the house, and the place

and the city, and the heart, and the mountain,

and the refuge, and the cave, and the valley, and the land,

and the sea, and the island, and the meadow

where mention of God hath been made

and His praise glorified. ~ Bahá'u'lláh